



LUNCH MENU

SOUP AND SALADS

add: tuna or chicken salad scoop 5
chicken 7 | shrimp 9 | salmon 11

SOUP OF THE DAY	5/7
GAZPACHO	5/7
FOUNTAINS SALAD our signature salad featuring romaine, cucumber, tomato, egg, bacon, blue cheese crumbles, and avocado	14
CAESAR SALAD chopped romaine, herb croutons and creamy Caesar dressing	12
GARDEN SALAD crisp romaine, cucumber, diced tomato, and onion	11
PAR THREE SALAD a trio of house-made tuna, chicken, and egg salads served with cottage cheese and pita chips	15
CHEF SALAD traditional composed salad with chopped turkey, ham, bacon, diced tomato, cucumber, egg, and cheddar over crisp romaine	16

SMALL PLATES

CHOPPED FRUIT AND COTTAGE CHEESE BOWL seasonal fresh fruit served with creamy cottage cheese for a light and refreshing option	10
SMOKED NOVA PLATTER classic smoked salmon served with whipped cream cheese, capers, tomato, onion, chopped egg, and toast or bagel	16
SHRIMP TEMPURA crispy tempura-fried shrimp, served with napa cabbage, carrots, and crunchy chow mein noodles, with sweet chili and sesame for dipping	15
FOUNTAINS OMELET made to order with your choice of fresh vegetables, breakfast meats, and cheeses, served with breakfast potatoes or fruit and your choice of toast	14
CHICKEN QUESADILLA grilled chicken with sautéed peppers and onions, melted cheddar, and a warm flour tortilla served with pico de gallo, shredded lettuce, sour cream, and salsa	15
BONE-IN WINGS crispy bone-in wings served with carrots, celery, and ranch dressing <i>choice of: Buffalo, BBQ, Sweet Chili, or Garlic Parmesan</i>	16

HANDHELDS

GRILLED CHICKEN CAESAR WRAP grilled chicken, romaine, Parmesan cheese and Caesar dressing in a soft tortilla	15
CRANBERRY TURKEY WRAP roasted turkey breast, romaine, tomato and cranberry aioli, wrapped in a soft tortilla	15
CLASSIC REUBEN warm sliced corned beef with sauerkraut, melted Swiss cheese, and Thousand Island on toasted rye	16
FRENCH DIP shaved roast beef and melted provolone on a warm hoagie roll served with au jus	16
LAKE WORTH BURGER classic grilled all-beef burger with lettuce, tomato, onion, and pickle, with choice of cheese	16
GRILLED CHEESE choice of bread, cheese, and tomato	14

SMOKED SALMON BLT smoked salmon with crisp bacon, lettuce, tomato, and lemon herb mayo on toasted bread	17
B.Y.O. SANDWICH Choose: turkey, roast beef, tuna salad or chicken salad Choose: white, wheat or rye bread Choose: cheddar, Swiss, American, provolone Choose: lettuce, tomato, and onion	13

FLATBREADS

BBQ CHICKEN	16
grilled chicken with tangy BBQ, red onion, and melted mozzarella	

ALL HANDHELDS ARE SERVED WITH A SIDE
fries, sweet potato fries, slaw, fresh fruit or onion rings

\$6 Sharing Charge

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.
We cannot guarantee complete safety from allergens.*